

Dads in Gear gives dads the pOWER to become smoke-free

Start Date:

Location:



**PHYSICAL
ACTIVITY**



FATHERING



**FREE infant/childcare
FREE program "gear"**

**QUITTING
SMOKING**



Once a week for 8 weeks

Time:



**For more information or to register:
Call:
Email:**



Learn more at <http://dadsingear.ok.ubc.ca/>